## Sikh Heritage BC Lesson Plan Template

Lesson Title	Curiosity and Joy in Everyday Life
Suggested time (classes, minutes)	1 hour to 1.5 hours
Grade/Subject	Gr. 4 - 7
Big Ideas/ Curricular Competencies	Big Ideas  - Language and text can be a source of creativity and joy  - Exploring stories and other texts helps us understand ourselves and make connections to others and to the world  - Texts are socially, culturally, and historically constructed  - People understand text differently depending on their worldviews and perspectives  - Questioning what we hear, read, and view contributes to our ability to be educated and engaged citizens
	Curricular Competencies Students engage in informal and structured conversations in which they listen, contribute, develop understanding and relationships, and learn to consider diverse perspectives. This facet of communication is closely linked to the building and sustaining of relationships at home, at school, in the community, and through social media.  Social Awareness and Responsibility -involves the awareness, understanding, and appreciation of connections among people, including
	Positive Personal and Cultural Identity -involves the awareness, understanding, and appreciation of the factors that contribute to a healthy sense of oneself; it includes knowledge of one's family background, heritage(s), language(s), beliefs, and perspectives in a pluralistic society
First Peoples Principles of Learning	"An important goal in integrating Indigenous perspectives into curricula is to ensure that all learners have opportunities to understand and respect their own cultural heritage as well as that of others."



Materials selected to support the K – Gr. 12 curriculum should reflect sensitivity to diversity and incorporate positive role portrayals, relevant issues, and themes such as inclusion, respect, and acceptance. This includes diversity in family composition, gender identity and sexual orientation.

Focus Questions/ Key	How does being in nature or observing nature lead to one's
Understanding	curiosity of interconnectedness or joy?
	How do individuals show in 2
	How do individuals show joy?
	What connections can you make with the ideas or images in
	the story?

## Lesson Plan

- 1. Have a brief discussion on the word "joy" or "happiness".
- 2. Ask students to think about what brings them joy or happiness. Give a few examples of your own.
- 3. Read aloud the first page (Letter A) and have students draw an image that represents the text.
- 4. Show the image for Letter B and have students write a sentence about the image.
- 5. Repeat #3 and #4 for the letters and images that you think will represent your class
- 6. Read aloud the story, "Talk to Me, What Do You See? Beauty and Joy from A Z" pause and ask students if they have connections with the page that is being shared.

\*\*\*Question #7 can be done in the next lesson or the same day (time permitting)

7. Ask students to write a paragraph about the story – they have a choice – A.) either write about the underlying message in the story. (There is beauty and joy all around us... if we take the time to look and also, how it is important to spend time with understanding our connection to nature and our feelings towards being connected with others or B.) write about a connection that you had with a particular image or images from the story – what was the connection, what feelings did you experience upon seeing the image(s).

## Lesson Resources

"Talk to Me, What Do You See? Beauty and Joy from A – Z" by Sandip Sodhi

- This book is available through most public libraries and some school libraries
- Can also be bought either through the <u>author's website</u> (proceeds are donated) or <u>Amazon</u>

